

ST GUTHLAC'S COMMUNITY NEWS



Parish Church of St Guthlac
Knighton, Leicester LE2 3LF

<https://www.stguthlac-knighton.co.uk/>



Sunday 30 May 2021
Trinity Sunday

To encourage you *“Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore, honour God with your bodies.”* (1 Corinthians 6.19-20)

Look after yourself. During these strange times, make sure you are mindful of your feelings and needs. Take part in activities you enjoy and find uplifting. Look after your body by being active in a way that works for you. When you take care of yourself, your mind and body are ready to deal with situations that require perseverance.

(from ‘World of Difference’ by Tearfund, the UK Christian charity that works with developing communities around the world)

MORNING PRAYER SERVICE & BOOKING SYSTEM

Sunday 30th May 10:30am

St Guthlac’s will be open for Morning Prayer Sunday 30th May at 10.30.

In order to maintain social distancing, we have to limit the number of people who can attend each service; our current calculation is that we can seat 21 individuals, small households or ‘bubbles’ safely at any one time. This is sadly very limiting. Consequently, we need to use a booking system.

If you would like to attend, you need to contact Tina to book a place. Email churchwardens@stguthlac-knighton.co.uk

THE MORNING PRAYER SERVICE

Before the service

- Please arrive by 10.25 to allow time to direct you to your seat.
- When you arrive, you may have to queue for a while - please maintain a distance of 2m from others.
- Please wear a face covering as you queue and all the time you are in the church - we have some extras for those who cannot obtain their own.
- You will be welcomed and asked to sanitise your hands.
- The steward will ask you to give or check your contact details. The Steward only will write these down. These details will only be shared in the unlikely event that anyone develops symptoms. This is to protect everyone.
- You will be directed to a seat. Please sit only in this place as we need to maintain distances and reduce movement.
- Please note there are no toilets available.

The service



- You will find a service sheet, blue prayer book and red OCOFOL book with the day's readings and prayers on your chair.

- A member of the Benefice Team will lead the service.
- The choir is not able to lead us in worship and we can't sing any hymns.

After the service

- Leave your service sheet and books on your chair
- Please keep your distance from others as you leave and do not linger in the building - sadly we can't offer refreshments.
- If you wish to leave a donation, please put it in the small box provided.
- You will be asked to sanitise your hands as you leave.

When we have all gone, the church building will remain unused for 72 hours to eliminate any virus.

If you should feel unwell with any of the symptoms of coronavirus in the two weeks following the service, as well as seeking medical advice, please leave a message with Adrian or Matthew.

St Guthlac's services

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|-----------------------|---------------------------------------|
| 30 th May | – Morning Prayer 10.30am |
| 6 th June | – Eucharist 10.30am |
| 13 th June | – Morning Prayer 10.30am |
| 20 th June | – Eucharist 10.30am |
| 27 th June | – Morning Prayer/ Church Club 10.30am |

Collect & Readings for Trinity Sunday

The Collect

Almighty and everlasting God,
you have given us your servants grace,
by the confession of a true faith,
to acknowledge the glory of the eternal Trinity
and in the power of the divine majesty to worship the Unity:
keep us steadfast in this faith,
that we may evermore be defended from all adversities;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen

First reading: Isaiah 6.1-8

¹In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple.
²Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. ³And one called to another and said: 'Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory.' ⁴The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke.
⁵And I said: 'Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the LORD of hosts!'
⁶Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. ⁷The seraph touched my mouth with it and said: 'Now that this has touched your lips, your guilt has departed and your sin is blotted out.'
⁸Then I heard the voice of the Lord saying, 'Whom shall I send, and who will go for us?' And I said, 'Here am I; send me!'

Psalm 29

Second reading: Romans 8.12-17

Gospel reading: John 3.1-17

¹There was a Pharisee named Nicodemus, a leader of the Jews. ²He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' ³Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.'

⁴Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' ⁵Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. ⁶What is born of the flesh is flesh, and what is born of the Spirit is spirit. ⁷Do not be astonished that I said to you, "You must be born from above." ⁸The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' ⁹Nicodemus said to him, 'How can these things be?' ¹⁰Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things?

¹¹'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. ¹²If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? ¹³No one has ascended into heaven except the one who descended from heaven, the Son of Man. ¹⁴And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, ¹⁵that whoever believes in him may have eternal life. ¹⁶For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. ¹⁷Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.'

Reflection for Trinity Sunday

Commentary from georgeherbert.org.uk

Trinity Sunday

by George Herbert

Lord, who hast formed me out of mud,
And hast redeemed me through thy blood,
And sanctified me to do good;

Purge all my sins done heretofore:
For I confess my heavy score,
And I will strive to sin no more.

Enrich my heart, mouth, hands in me,
With faith, with hope, with charity;
That I may run, rise, rest with thee.

Preachers sometimes tie themselves in knots on Trinity Sunday. How do you explain a doctrine that the Christian God is one yet is also three: Father, Son and Holy Spirit? Here, George Herbert, the celebrated 17th century cleric and poet, doesn't try to explain – he simply illustrates. The poem is a delight: both the sight of it and the sound of it.

Three verses, three lines and all sorts of threesomes are woven together in a poem which is playful yet serious in its understanding of the relationship between the Christian and God.

The first verse is addressed to the one Lord, who is creator, redeemer, and sanctifier – Father, Son and Holy Spirit. The many ds such as formed, mud, blood thud out the message to follow.

Herbert sees sin as a strong force. In another threesome, past present and future sin needs to be dealt with. So if the first verse centres upon the creator God, the Father, so the second verse has the redeemer, Jesus Christ, as its focus.

It is no surprise that the third verse both addresses the third person of the Trinity, the Holy Spirit, the sanctifier, and is laden with more triplets. The whole of the believer needs to find focus in God. Body, mind and spirit are woven together in faithful trust and service, living out the virtues of faith, hope and charity. The three lines of the third verse end in the lighter e/ie sound, taking us back to the Trinitie of the title.

The final picture has a dance like movement to it. The Christian soul can run because of a Creator God, rise with the risen Christ, and rest, day by day and eternally, in the Spirit of God.

PRAYERS

Personal

Accomplish your will within me - even in spite of me.

St Claude de la Columbiere

Church and Community

Preserve our unity and our truth. May we have the courage and discernment to speak out and when to take note. We pray that we may have temperament and desire to effect change in Knighton and beyond. We pray particularly at this time of half term for those families and individuals taking holidays for the first time, protect them from the virus and keep them safe.

Weekly prayer for roads in the parish – **Goldhill Gardens**

Nation and World

We pray for light to expose the misdeeds of those in position of power in commerce, politics and media. We pray for righteousness to guide those in positions of influence. We pray for world leaders encountering the demands for environmental justice and protections for the world's poorest and most vulnerable. May the cries of the least may be seen as the cries of Christ for those with ears, minds and the hands to execute justice.

Those facing personal pain we name before our Lord

And those who have finished their days on this earth. We thank you for their lives and pray for their families and loved ones to be comforted.

For further prayer requests which can be included in the weekly prayer list or anonymized and prayed for in private, please contact Matthew revgough@gmail.com or Jane administrator@stguthlac-knighton.co.uk

STONEYGATE BAPTIST CHURCH WELLBEING CAFE

The Zoom link for the Stoneygate Baptist Church wellbeing cafe, which you are welcome to join any Wednesday at 11am is:

us02web.zoom.us/j/86350559902?pwd=TEwyOWxUZTE0bjhWZFA1Smplbk1YUT09

Meeting ID: 863 5055 9902

Passcode: 216265

Post Lock down 'Teach in': An Introduction to the Gospels

Revd Canon Dr Stephen Foster will be running a series of three lectures in July as an Introduction to the Gospels. Each session will be 50 minutes interaction/teaching, then 40 minutes tea/biscuits and further questions. The provisional titles are:

July 1st: 'What do YOU/WE know about the Gospels?'

*July 8th: 'What would YOU/WE call the Gospels?
History?...Story?...Theology?...?'*

July 15th: WE look at St Mark...the first Gospel to be written?

The sessions on 1st and 15th will be 2.30pm in St Guthlac's and then repeated at 7.30pm in St. Mary's. They will take place in the church to enable social distancing to take place if preferred.

The session on 8th July will be 2.30pm in St. Guthlac's only. Everyone is welcome to attend any/all of the sessions for an instructive and enjoyable get together.

STEWARDS NEEDED FOR SUNDAY SERVICES

Can you help to enable people to spend time in church? We need stewards each Sunday, to welcome and help people take their places in church in a safe and socially distanced way.

We aim to have two stewards each Sunday. It involves arriving before the service to open the church. Then to welcome people; check that they have booked; and to make sure they have masks and sanitise their hands. At the end of the service it is important to help people leave safely (and chat outside). Then lock the church.

Please contact David, if you can help.

WORSHIP INFORMATION

BBC Radio 4 Sunday Worship 8.10am

BBC Radio 4 Daily Service each weekday 9.45am on long wave only

Catch up available for all these on the BBC iPlayer and Sounds apps.

Virtual Sunday Service for the Knighton Benefice.

Each week we will now usually upload a recording of the Sunday service from St Mary's or St Guthlac's onto the Knighton Benefice You Tube channel. This should happen by 1pm each Sunday. Please go direct to

https://www.youtube.com/channel/UChYDSfNmiB2Zamsaz_EdZSg? or via the website or Facebook page.

Online Compline Night Prayer from 8pm each Wednesday And Monday Midday Prayer

All Welcome. Same online joining details below for both:

Join Zoom Meeting

<https://leccofe.zoom.us/j/7467674408?pwd=NHRQZ2F0Mmt5Wk5sd2NMc1JtREpaUT09>

Meeting ID: 746 767 4408

Passcode: hope

Or Phone In: 0131 460 1196 (standard call charge)

Input Meeting ID: 746 767 4408

St Mary's is open for services at 9am and 10.30am every Sunday. (Note new times) If you would like to attend a service please contact James in the Parish Office on 0116 2702705 to book a place.

LIVE STREAMING SERVICES

As we begin to re-open St Mary's and St Guthlac's buildings for worship, we would like to trial live streaming as some people have requested. To participate and watch the service live, you will need a Facebook account. We have a step by step guide for how to set up a Facebook account currently available on St Mary's Website under Corona Virus Support '**Social Media-staying connected**', or on request from Matthew. The live recording will be available on the website later that day. For **Sunday 30th May, a livestream will be broadcast on St Mary's Facebook page for the 10.30 service and available later on the website www.stmarysknighton.co.uk**. If successful, we hope to offer live streaming at St Guthlac's too. This will complement the in-person and pre-recorded services.

PLANNED GIVING SCHEME

Regular giving is an integral part of our church life supporting our day to day costs, ministry and mission. A good way to achieve this is through a weekly envelope or a monthly bank standing order as part of our Planned Giving Scheme. Scheme details can be obtained from David Hunt. If you are a taxpayer and gift aid your giving, our church can claim an additional 25%.

During the current Coronavirus pandemic please put aside your weekly offerings ready to bring to church when things return to something like normal. The costs of the church are largely unchanged even though we cannot meet, so your regular giving is extremely important to our collective 'health' and the mission of God here.

CONTACT DETAILS

Vicar: Revd. Adrian Jones 0116 2704268
adrian.jones@zoho.com

Associate Priest- St Guthlac's: Revd Canon Dr Stephen Foster

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Assistant Curate: Revd Matthew Gough
revgough@gmail.com 07754 961997

Revd Aphro McCullough

Revd Janet Gasper

Reader: Fiona Wingate

Churchwardens:

David Hunt

Tina Jarvis

churchwardens@stguthlac-knighton.co.uk

Knighton Benefice Magazine: Nigel Siesage

stmaryknighton.magazine@gmail.com

FOR THE NEWSLETTER Please send material to be included in the next newsletter by **noon Thursday** to administrator@stguthlac-knighton.co.uk

Don't forget to visit the St. Guthlac's Facebook page and website <https://www.stguthlac-knighton.co.uk>

Eco-Tip of the week

Hedgehog-friendly gardening



Hedgehogs are active at this time of year. Populations are under severe pressure and there are things you can do to make your garden safe for them:

Cover drains and holes and place bricks at the side of ponds to give hedgehogs an easy route out

Check for hedgehogs before using strimmers or mowers, particularly under hedges where animals may rest. Check compost heaps for nesting hogs before forking over.

Build bonfires as close to time of lighting as possible and check them thoroughly before lighting.

Remove sports or fruit netting when not in use to prevent hedgehogs becoming entangled, and getting injured.

Slug pellets can poison hedgehogs and should only be used as a last resort. Instead try using one of many "natural" alternatives, like sprinkling crushed eggshells or coffee grounds around the plants you need to protect. If you have to use pellets, place them under a slate which is inaccessible to hedgehogs.

If you would like to encourage hedgehogs into your garden there are further tips at:

[Home - Hedgehog Street](#)

RSCM Music Sunday

Sunday 6th June

Did you know that we belong to the RSCM?

The RSCM invites everyone to join in online with the
Big Music Sunday Service
from Lichfield Cathedral at 6pm

Whether you want to participate in the singing or just listen, you will
find all the information you need at

<https://www.rscm.org.uk/music-sunday-2021/>

HOLIDAYS From Monday, Matthew and family will be taking a few days holiday during the school half-term. Adrian will also be doing family things much of the time but still do please call the Vicarage if you have an urgent need or question - or contact another member of the Ministry Team.



Christian Aid week is now over, but the church's **e-envelope** will remain open for a couple more weeks. This has not yet had much use and I hope this is not because it has been difficult to access or use. If you have any comments on the e-envelope please let me know as this may help in future campaigns. Thanks to those who have donated, be it by envelope, e-envelope or on the Christian Aid website, and to those who have received envelopes for me.

St Guthlac's church 'e-envelope' can be accessed by clicking on the following link:

[e-envelope | Christian Aid Week](#)

For those without computers who wish to donate I have a few envelopes available which I can drop off and collect from you. Please call me to arrange this. Thank you. Lesley Meakin